

CSR Activity Report: Improving Health & Hygiene for School Children – Samarthanam Trust & Kshema General Insurance

Introduction

Kshema General Insurance partnered with **Samarthanam Trust** to improve health, hygiene, and sanitation conditions in government and aided schools across Bangalore and Hyderabad. The project, implemented from **February to March 2026**, aimed at creating healthier learning environments for children from underserved communities.

Objectives

- Provide access to **safe drinking water**.
- Strengthen **sanitation and hygiene practices** in schools.
- Promote **WASH and menstrual hygiene awareness** among students.
- Support schools with basic **health and hygiene essentials**.

Implementation

Key activities undertaken include:

- Installation of a **RO drinking water system** in the school.
- One-time provision of essential **washroom maintenance materials**.
- Conducting **WASH sensitization workshops** and distributing hygiene kits to students.
- Distribution of **MHM kits** and conducting menstrual hygiene sessions for adolescent girls.
- Providing a **first-aid kit** to support basic health emergencies.
- Coordination, branding, and a leadership visit to support program delivery and engagement.

Impact

- Children gained improved awareness of hygiene, sanitation, and personal care.
- Students now have **clean drinking water**, enhancing health and school attendance.
- Adolescent girls are more confident and informed about menstrual hygiene.
- Improved sanitation conditions contribute to a safer and more dignified school environment.
- Teachers, parents, and SDMC members are more engaged in maintaining hygiene facilities.

Conclusion

This initiative has strengthened the WASH ecosystem in the selected schools and created meaningful, lasting improvements in student health and well-being. Kshema remains committed to supporting impactful community development projects that empower children and promote healthier learning environments.

REGISTERED OFFICE

#413, 4th Floor, My Home Tycoon
Kundan Bagh, Begumpet, Hyderabad
500016, Telangana, India.

CORPORATE OFFICE

10th Floor, Orwell, Block-1, Salarpuria Sattva Knowledge City,
Raidurgam, Hyderabad,
Telangana – 500081, India.

